



BELLA ROSE  
MEDICAL AESTHETICS

Nitronox™  
Patient

FAQ



## What is Nitronox?

Nitronox is a gas mixture consisting of 50% medical nitrous oxide and 50% medical oxygen. It is used to ease any discomfort you feel during aesthetics or medical procedures. Nitronox is an analgesic used for pain relief. It will not put you to sleep. You self-administer the gas mixture as need through a mask or a mouthpiece as you inhale.

## Is Nitronox safe?

Nitrous oxide and oxygen are perfectly safe. The mixture has been used for 100s of years in dentist offices, during labor and delivery, post-surgical, and pediatric units. You stay awake when Nitronox is administered and breathe on your own. You can also ask and answer questions.

## Are there risks?

Nitrous oxide is considered a drug and does have some side effects. Your provider will go over these with you. When nitrous oxide is mixed with oxygen or other drugs and medications where there could be additional risks, your aesthetician will go over the risks.

Do nitrous oxide and oxygen remove pain?

Not really. When mixed, these two gases take the edge off and help you relax and manage any discomfort.

## How does it work?

Nitronox runs on demand-flow technology. The gasses are delivered through a mask or mouthpiece when you inhale. As you breathe in the gasses, you feel more relaxed. The gas prompts the release of natural dopamine and endorphins. Inhalations are used on an as-needed basis. When you stop inhaling, the feeling will wear off within 5-10 minutes.

What does it feel like?

Most patients say it makes them feel relaxed, light, floating, or “sinking into a chair” feeling.

Will this put me to sleep?

You are only administered 50% nitrous oxide and 50% oxygen. The ratio is not strong enough to put you to sleep.

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## How fast does nitrous oxide take effect and last?

You will feel the effects within a minute or so. The effects do vary from patient to patient. For some, it works great, and for others, you may need more. When you stop inhaling the mixture, it leaves your system completely within about 5-10 minutes.

What are the side effects?

Side effects could be dizziness and nausea, but usually, these effects are rare. If you feel uncomfortable, stop breathing the mixture and breathe room air. It is safe to say that you can safely leave the clinic within 10 minutes after you stop using Nitronox.



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